

TIPS FOR HAPPIER CATS

Many indoor cats are starving for stimulation. Here are some stress-reducing tips for taking a bored cat's world from good enough to great!

SENSORY STIMULATION.

Engage each sense at least once a week with something new to smell, interesting to look at, exciting to taste, tantalizing to sniff, soothing to listen to, or novel textures to touch. Bring in a leaf from outside, try a new toy, plug in a heated cat bed, put on kitty tunes, etc.

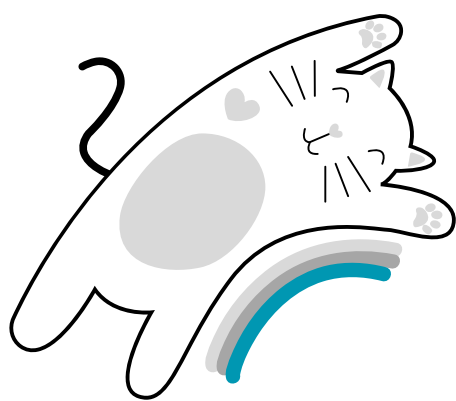


THE BOX

Big enough to easily turn around without hitting a side, low enough to easily step into (no jumping or climbing please), safe from other pets or kids, at least one box per home level. Use scent-free, small particle litter that's scooped **at least** daily,

MENTAL OUTLETS

Activities that challenge the brain, such as www.catfoodpuzzles.com, training sessions like www.catschool.co, problem-solving opportunities, and new experiences.



PHYSICAL EXERCISE

Opportunity for and encouragement of of natural movements, such as chasing, running, stalking, climbing, etc. Plenty of solo play opportunities as well as interactive play with humans

ENVIRONMENTAL ENRICHMENT

A well-rounded environment that not only allows but facilitates all the things cats need and love to do! Google "cat enrichment" for ideas!

