

PROGRESS LOG

FREQUENCY

Record the date of any “incidents” or “episodes” (aka panic, aggression, etc.)



RECOVERY

Score the incident as:
3 = typical max
1 = within 1-2 mins
2 = anything in between

INTENSITY

Score the incident as:
3 = total meltdown,
1 = upset,
2 = anything in between

DATE	FREQ	INT	REC