

IS YOUR DOG STRESSED?

Mild

- Averted gaze (won't look)
- Can see the whites of their eyes
- Licking lips
- Corners of lips pulled back
- Refusal of treats
- Furrowed brow
- Ears pulled back
- Tail low or tucked
- Tense body
- Yawning
- Full body stretch
- Shake off
- Shedding, dandruff, itchy

Significant

- Panting, drooling
- Mouth wide open
- Males show "Lipstick"
- Hunched body
- Lifted paw
- Won't listen to you
- Leash pulling
- "Accidents" on the floor



Ways to Help Them

- Prepare ahead next time
- Give them a break
 - Wait in the car or outside
 - Move away from other people and animals
 - Comfort, sooth
 - Have empathy

Avoid Making it Worse!

- Repeated instructions to Sit, lie down, etc.
- Repeatedly trying to get their attention
- Greeting people or dogs
- Yanking leash, dragging them around
- Scolding, correcting, etc.