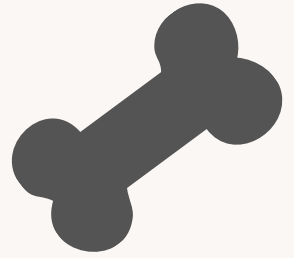
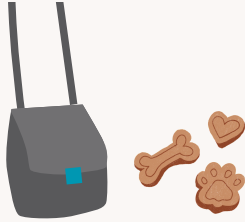




DISPENSING TREATS ON WALKS

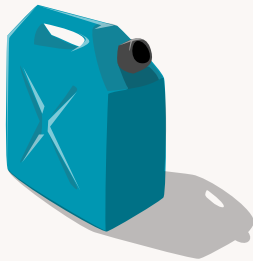


To Get the Most Mileage



Prepare

your treat pouch and as many high-value treats as you are comfortable giving your dog on this walk (cut into pea-sized pieces).



Divide

the treats as follows: Put 75% into the main compartment of your pouch, where they are easy to access. Think of the treats as “fuel” and the pouch as a “fuel tank.” Stash the remaining 25% separately but where you can still get to them (such as in your pocket, in a separate compartment of the pouch, etc.). This is your emergency supply.



Dispense treats

As frequently as needed for your dog to be successful with whatever you are working on in this walk (ex: loose leash, reactivity, etc.). Think of your dog as “the car,” and, again, the treats as “fuel.”



Pay attention

to your “fuel” so you don’t run out! When you are almost at 1/2 a tank, you should be heading home. If you encounter any trouble on the way home, (for example distractions or triggers, such as other dogs, people, etc.) remember your emergency supply, if needed, to avoid running out.



Adjust as needed

to achieve repeated success (ie: regularly returning home with fuel in the tank). If you keep running out and/or tapping into the emergency supply, this means walks are too difficult for your dog. Try a less distracting location, or reduce the time or distance. As training progresses, you will need less fuel to travel further - congrats! You are getting better mileage (ie: Your dog is improving).