

PROGRESS LOG

FREQUENCY

Note any “incidents” or “episodes” of the behavior you are addressing



RECOVERY

How long to “get over” the incident

- 3 = Ave max recovery time
- 1 = Faster than normal
- 2 = anything in between

INTENSITY

Incident severity:
3 = typical “bad” response,
1 = better than normal,
2 = anything in between

DATE	INT	REC	NOTES