

Medicating Ahead of Vet/Groomer

Stressed & Fearful Pets

3+
MOS

Request + Training

If your pet struggles, talk to a vet well in advance about meds, and a possible trial run. Also, work with a behavior pro ASAP to get pets used to carriers, cars, etc..



1+
MO

Get/Fill Rx

It can take time to get meds, as an appointment or bloodwork may be required. Or your pharmacy might not carry them. Fill the Rx well in advance.



2+
WKS

Consider Trial Run

If vet agrees, a few wks ahead, when you'll be home, follow the med plan. It can be helpful to see how your pet will respond/recover before the big day.



NIGHT
B4

Give Early Dose

Often there is a "night before" dose. Give as instructed and prep as much as possible for tomorrow (leash, treats, records, gas, coffee, etc.)..



HRS
B4

Give Pre-Appt Dose

If any, give the prescribed "day of" dose on time. Calmly gather all supplies (ex: keys, wallet, coffee, etc.) near the door. Check the traffic & weather..



DEPA
RTING

Remain Calm

Depart with time to spare. Avoid stops along the way. Even if your pet LOVES a pup cup, all agitation (good or bad) contributes to stress & fear.



ARRIV
AL

Notify Vet staff

Call or text to say you've arrived and where you will be. Stay in the calmest place for your pet (car, sniffing on leash, etc.) and keep an eye out for staff.

