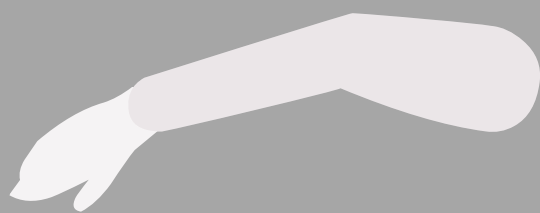




Touching Your Cat With Consent



1

Approach

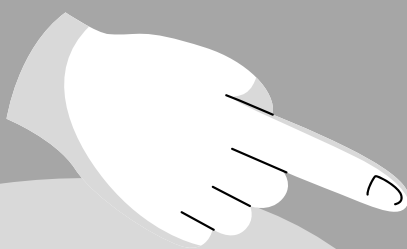
Position yourself no closer than arm's reach from kitty. This can be achieved by calling her to you or if *she* happens to approach *you*, but you should avoid being the one to approach!



2

1 Finger Invitation

Offer one finger, several inches from her head and below her nose level. Hold still until she sniffs or rubs. Always show her you're trustworthy. Touch can overwhelm cats, so let her be in charge of what happens to her body.



3

Cat's choice

If she rubs against you, great! Go to step 4. If she only sniffs, wait for the rub. If she does nothing, you can try gently tapping the ground a few times or rubbing that fingertip on your thumb to entice her to sniff. Otherwise she has made her choice and this interaction is over.

4

Rules of 2s

Touch her very gently with that one finger only in the area that she rubbed on you (often cheeks or forehead). Pet for *two* seconds or two strokes no longer than *two* inches,



5

Reset

Stop petting, and move your finger a few inches away. If she rubs, keep repeating steps 4 & 5. If she walks away, this interaction is done.

